

WILLIAM R. VOLK, MD, FAAOS

Board Certified in Orthopaedic Surgery and Sports Medicine

EDUCATION

- Fellowship, Orthopaedic Sports Medicine, 8/2012-8/2013. UHZ Sports Medicine Institute. Coral Gables, FL. *Program Director: John Uribe, MD*
- Residency and Internship, Orthopaedic Surgery, 7/2007-7/2012. The George Washington University. Washington, DC. *Program Director: Robert Neviasser, MD*
- Doctor of Medicine, 8/2003-5/2007. The George Washington University School of Medicine. Washington, DC.
- Bachelor of Arts, Kinesiology and Applied Physiology. Minor in Biochemistry. 8/1996-5/2001. The University of Colorado. Boulder, CO.

BOARD CERTIFICATIONS

- The American Board of Orthopaedic Surgeons- Step 1 (7/2013), Step 2 (8/2015)
- Subspecialty Certificate In Orthopaedic Sports Medicine- (10/2016)

LICENSURE

- Unrestricted Medical License, Washington
- Unrestricted Medical License, Maryland
- NPI

PROFESSIONAL EXPERIENCE

8/2020-Current Centers for Advanced Orthopaedics- Potomac Valley Olney, MD
Staff Surgeon, Orthopaedic Sports Medicine

- Orthopaedic Sports Medicine Surgeon focusing on Shoulder, Hip and Knee Surgery

3/2015-Current Volk Orthopaedics, a sole proprietorship. Bethesda, MD
Owner and Staff Orthopaedic Surgeon

- Independent Contractor with Objective Medical Assessments Company (OMAC) providing Independent Medical Examinations, independent medical record review and medical expert services
- Independent Contractor for Weatherby Healthcare providing nationwide Locum Tenens Orthopaedic coverage.
- Independent Contractor with The Standard providing independent medical record review for disability claims

8/2016-8/2020 Walter Reed National Military Medical Center Bethesda, MD
Associate Program Director, National Capital Region Orthopaedic Surgery Residency
Staff Surgeon, Orthopaedic Sports Medicine and Shoulder Service

- Attending Orthopaedic Sports Medicine surgeon
- Assistant Professor, Uniformed Service Health Sciences University School of Medicine.

8/2013-8/2016 Naval Hospital Lemoore, CA

Director of Surgical Services and Chief of Orthopaedic Surgery;

Staff Orthopaedic and Sports Medicine Surgeon

- Oversight of 58 staff, \$850K annual budget and \$3M worth of equipment across five departments.
- Chief of Orthopaedic Surgery for Master Jet Base, Naval Air Station Lemoore

Medical Director for Emergency Medical Services

- Responsible for oversight, training, protocols and procedures for 40 emergency medical personnel aboard Naval Air Station Lemoore and Naval Air Station Fallon

8/2012-8/2013. UHZ Sports Medicine Institute Coral Gables, FL

Fellow, Orthopaedic Sports Medicine

- Team Physician, Tampa Bay Buccaneers NFL team
- Team Physician, Miami Dolphins NFL team
- Team Physician, Florida Panthers NHL team
- Team Physician, Florida International University Athletics (NCAA-Div 1)
- Team Physician, Miami-Dade Public High Schools
- Instructor, Florida International University School of Medicine

7/2007 – 7/2012. The George Washington University Washington, DC

Resident Physician, Orthopaedic Surgery

- Team coverage for Washington DC public schools HS football

MILITARY STATUS

- Commander, MC, USN. Active Duty 8/2013-8/2020 (resigned).
- Commissioned August 2003, promoted May 2007, July 2013, Sept 2019
- Deployed to Iraq in support of Operation Inherent Resolve, 2017
- Deployed to Oman in support of Operation Native Fury, 2016
- Military awards: Defense Meritorious Service Medal, Navy and Marine Corps Commendation Medal x 2, Navy Unit Commendation Medal, National Defense Service Medal, Operation Inherent Resolve Campaign Medal, Global War on Terrorism Service Medal, “Sharpshooter” Marksmanship Medal

PUBLICATIONS

- Fernicola, MD; Tannehill, IJ; Tucker, CJ; **Volk, WR**; Dickens, JF. *The Pericapsular Nerve Group Block for Perioperative Pain Management for Hip Arthroscopy*. *Arthroscopy Techniques*. 10(7):e1799-e1803. 2021.
- Tenan, MS; ... **Volk, WR**; et al. *Generating the American Shoulder and Elbow Surgeons Score Using Multivariable Predictive Models and Computer Adaptive Testing to Reduce Survey Burden*. *Am J Sports Med*. 49(3):764-772. 2021.
- Mauntel, TC; ... **Volk, WR**; et al. *The Military Orthopedics Tracking Injuries and Outcomes Network: A Solution for Improving Musculoskeletal Care in the Military Health*

System. Military Medicine. Usaa304. 2020.

- Overman, AL; Colantonio, DF; Wheatley, BM; **Volk, WR**; Kilcoyne, KG; Dickens, JF. *Incidence and Characteristics of Humeral Shaft Fractures After Subpectoral Biceps Tenodesis.* Orthop J Sports Med. 28;7(3) 2019.
- **Volk, WR**; Yagnik, GP; Uribe, JW. *Complications In Brief: Quadriceps and patellar tendon tears.* Clin Orthop Relat Res.472(3): 1050-7. 2014
- Matteini, LE; Kebaish, KM; **Volk, WR**; Bergin, PF; Yu, WD; O'Brien, JR. *An S2 Alar Iliac Pelvic Fixation: A Technical Note* Neurosurgical Focus 28(3): E13, 2010
- **Volk, WR**, Zvijac, JE. *Repair of the Distal Semitendinosus and Gracilis in an Olympic Sprinter. Case Report and Review of the Literature.* In Publication: Current Orthopaedic Practice.
- Hechtman, KS; **Volk, WR**, et al. *Effectiveness of Magnetic Resonance Imaging to Assess the Integrity of Distal Biceps Tendon Repair During the First Year Postoperatively.* Submitted to American Journal Sports Medicine.

PRESENTATIONS

- *Orthopaedics for the Generalist and Top 10 Pitfalls.* Provider Off-site conference; Naval Hospital PAX River. April, 2018 and October, 2018
- *Combat Orthopaedics and Blast Injuries.* Medical Lecture Series; Operation Inherent Resolve. April, 2017. Al Qayyarah West, Iraq
- *Combat Orthopaedics and Blast Injuries.* Medical Lecture Series; Operation Native Fury. January 20, 2016 Duqm, Oman.
- *Effectiveness of Magnetic Resonance Imaging to Assess the Integrity of Distal Biceps Tendon Repair During the First Year Postoperatively.* Podium Presentation; Florida Orthopaedic Society Meeting 6/1/2013. Key Largo, FL.
- *Management of Articular Cartilage Injuries.* Orthopaedic Grand Rounds; The George Washington University. May, 2012 Washington, DC
- *Management of Distal Biceps Ruptures.* Orthopaedic Grand Rounds; The George Washington University. April, 2012 Washington, DC
- *Multiligament Knee Injuries: Current Management.* Orthopaedic Grand Rounds; The George Washington University. March, 2012 Washington, DC
- *Instability of the Patella.* Orthopaedic Grand Rounds; The George Washington University. January, 2012 Washington, DC
- *Fractures of the Tibial Plateau.* Orthopaedic Grand Rounds; The George Washington University. December, 2011 Washington, DC
- *Arthroscopic Management of Hip Pathologies.* Orthopaedic Grand Rounds; The George Washington University. November, 2011 Washington, DC
- *The Slipped Capital Femoral Epiphysis: A Review and Current Management.* Orthopaedic Grand Rounds; The George Washington University. October, 2011 Washington, DC
- *Syndesmosis Injuries and Management.* Orthopaedic Grand Rounds; The George Washington University. September, 2011 Washington, DC